

CANADIAN JIU JITSU COUNCIL



TECHNICAL SEMINAR
Sunday, April 12, 2026
12:00 noon to 3:00 p.m.

CHAMPIONS GYMNASTICS
2410 LANSDOWNE STREET WEST
CAVAN MONAGHAN, ON. K9J 0GS

FREE to all members of the Canadian Jiu Jitsu Council. Spend an afternoon exploring the core techniques of Canadian Jiu Jitsu