



Canadian  
Jiu Jitsu  
Council

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***A SPECIAL EVENT***  
**CANADIAN JIU JITSU COUNCIL**  
**TECHNICAL SEMINAR**  
**SUNDAY, OCTOBER 6, 2024**  
**12:00 Noon - 3:00 PM**

**CHAMPIONS GYMNASTICS**  
**2410 LANSDOWNE STREET WEST**  
**CAVAN MONAGHAN, ON. K9J 0G5**  
**PHONE: (705) 743-9338**

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FREE to all members of the Canadian Jiu Jitsu Council. Spend an afternnon exploring the core tehniques of the Canadian Jiu Jitsu Council curriculum.under the tutelage of its Directors.