



Canadian
Jiu Jitsu
Council

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Hi Everyone,

Here is a quick update of recent activities within the Canadian Jiu Jitsu Council –

1. CJC Exams November 5, 2023 successful candidates – Maureen Lepinskie (Dalley) 1st Degree; Melanie Lord (Dalley) 1st Degree; Dave Phillips (Walther) 1st Degree; Mark Waters (Nielsen) 1st Degree; Bryan Emmerson (Nielsen) 3rd Degree; Dexter Easton (Poirier) 4th Degree
2. Long time CJC Director Sensei Dan Poirier (Stegweit) promoted to 8th Degree
3. CJC Director Mark Canning (Kraayeveld) promoted to 7th Degree
4. The next exams will be held on Sunday, April 28, 2024
5. 2024 Memberships are now due. Please ensure that your students are all enrolled, not just for membership purposes but especially for full insurance coverage. Insurance certificates that are required by January 1, 2024 must be requested well before that due date. Insurance costs plus operational expenses have gone up so after a long time, we are raising membership fees by a slight margin. \$15 for under 16 years of age; \$35 for 16 years of age and older; \$50 for Black Belts; \$50 for the club fee. Again, please send your complete membership register along with the fees ASAP.
6. Sensei Terry Langevin and Sensei Greg Magwood are running an Upright Technical Skills Clinic from the CJC Black Belt exam curriculum on Saturday, Oct 28 in Belleville, Ontario. These are high standard instructors with amazing skills. To book a spot, please contact 2terrylangevin@gmail.com or magwoodma@yahoo.ca
6. Another seminar is set for December 9, again in Belleville. It will feature three instructors. Sifu Magwood will be teaching Tai Chi Locks and Applications which should definitely interest CJC practitioners. Sensei Langevin will be teaching Impact and Edged Weapon Defence. Correct strategies for edged weapons and gun defences have been heavily promoted in recent times by Sensei Mark Canning and Sensei Dan VanExan. The last part will be run by your's truly. It features Universal Martial Arts Techniques. Yes, Jiu Jitsu, Karate, Kung Fu, etc all share similar techniques originally trained for close quarter combat. I'll send you a flyer soon.
7. Sensei Darren Faulks has proposed an exciting seminar format via Zoom online date and time to be determined. Check out his website at <https://www.faulksjiujitsu.com>

8. Long time CJA/CJC Black Belt Sensei Doug Smith is also proposing a seminar. I'll keep you posted about when and where. Here are his amazing credentials – Assistant Coach & Trainer for Canadian Jiu-Jitsu Team which won first in the world competition in 1991 in Argentina; Technical Director for Canadian Jiu-Jitsu Association and Council; On the Board of Directors for Canadian Jiu-Jitsu; Tournament Committee Instructor and Board Member; Canadian & North American titles in Kickboxing in both Welterweight & Middleweight division; Assistant Boxing Coach in Nassau, Bahamas from 1999 – 2002; Trained Police in hand to hand combat along with assisting Mike Csoke (Police Instructor for their "use of force" programs)

9. Shihan Forrester's Manual, rated as one of the best martial arts manuals in North America when it first came out, is available again at \$35 per copy. If you wish to purchase a copy for yourself or for other members in your club, please contact Sensei Dan Poirier ASAP at DanPoirier7@hotmail.com He's placing an order on November 20.

10. An award-winning Canadian film director/producer has spoken to some of our members about a role featuring an appx. 60-year-old female Jiu Jitsu practitioner. Filming is scheduled for the Spring of 2024.

11. CJC membership cards are available.

12. There is so much talent within the CJC. Let's hear about your training, your club exam results. Send pictures for the website so you can share your success and inspire others. Martial Arts articles are always welcome. How about Zoom classes? Check out <https://magwoodsmartialarts.com> for serious online training. A number of my weekly classes are also run online.