

Madoc Tai Chi and Chi Kung

Never too late to start, Fit and Vital For Life

Offering professional level classes in Madoc since 1998
Sifu Greg Magwood instructor

Balance
Mobility
Core Strength
Self Defence



"If you have the opportunity to study with Sifu Greg Magwood take it. Knowledgeable, skillful, friendly and supportive, Greg is a veteran martial arts teacher with a lot to share."
Sifu Sam Masich, Masich Internal Arts



In Person Classes

Madoc Morning

(Madoc School of Dance Studio)

Tuesday

9:30 – 10:15am (gentle and beginner class)

Thursday

9:30 – 10:30am (all levels)

Marmora Evening

(Marmora Community Hall)

Monday

7:00 – 7:45pm (all levels)

7:45 – 8:30pm (Kung Fu all levels)

Online Classes

Monday Morning Live Zoom Class

9:30 – 10:15am

Wednesday Morning Live Zoom Class

9:30 – 10:15am

Study when you want!

Online classes are recorded and uploaded to our zoom class archive for anytime study.

New Students Always Welcome
Book Your No Risk Trial Class Now

For more info contact Sifu Greg Magwood
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613-849-0170
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